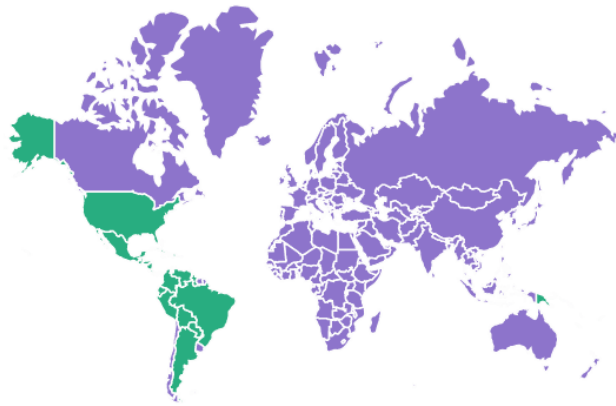


Zika Virus



MotherToBaby
CALIFORNIA

Medications & More During Pregnancy & Breastfeeding
Ask The Experts



Currently affected areas (May 2016)

What is it?

A disease spread by the bite of a mosquito in the Aedes family

Symptoms

- Red Eyes
- Rash
- Fever
- Joint Pain
- Headache
- Nausea

How it Spreads

Mosquito Bite

Blood Transfusion

Sexually Transmitted

Mother to Fetus

Information for Mothers



The Zika virus can be passed from mother to baby during pregnancy (through the placenta) or during birth.



Zika infection during pregnancy is associated with microcephaly and other brain defects, hearing and vision problems, and impaired growth.

Prevention



Do not travel to affected areas



Cover up to prevent bites



Do not share needles



Use a condom when having intercourse



Close windows and doors to prevent mosquitoes from coming in



Wear insect repellent spray

Treatment

Even though there is no cure for this virus, there are ways you can treat it if exposed:

- 1) Get diagnosed
- 2) Get lots of rest
- 3) Drink fluids
- 4) Take medicine such as Tylenol to lower fever and pain
- 4) Talk to your doctor to determine the best treatment for you

Have questions? Call a MotherToBaby expert toll-free at (866) 626-6847

Resources

<http://www.cdc.gov/zika/index.html>

<http://www.webmd.com/a-to-z-guides/zika-virus-symptoms-prevention>